

WHAT ARE YOU WAITING FOR?



Feeling a little competitive?

**Recruit others at your work location to join you either as an individual or on a team for this
District Wide - Work Site Based Competition**

**Whether you do activities together or just cheer each other on, being part of a team keeps you
accountable and doubles your chances of success. Plus, it's more fun.**

<https://sd27j.springintomotiontoday.com/#/welcome>

Monday, April 3: First day to log activity

Friday, April 7 : Team formation deadline

Sunday, April 30: Program ends